Parents, siblings, and other relatives have creative insights into the strategies and supports that can promote employment for their family members with IDD. Recently, 60 family members of individuals with IDD seeking employment in integrated community settings were interviewed to gain their insights on how to better support these individuals in seeking employment. Here are some of their suggestions:

- Participants encouraged increased involvement in work experiences while still in high school, as well as career development experiences (e.g., internships, volunteering) that could help students discover their career goals and gain important skills and dispositions.
- Participants spoke about the power of personalized supports on the job (e.g., accommodations, job coaching, co-workers), for families (e.g., advocacy, benefits counseling), and in the area of transportation.
- Participants explained the importance of connecting individuals with IDD to workplaces that reflect a strong match in the areas of interests, responsibilities, schedules, supports, and inclusivity.

For more on this topic, read the Project Brief at: https://idd.vcurrtc.org/resources/content.cfm/1407

“So they’re building his skill…. I could tell the first day they did it. He came in all pumped up and happy and walking on his toes. It was good. And so just that little bit makes all the difference in the world.”

~Mother of a 25-year-old male with autism

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