

Competitive Integrated Employment

OUTCOMES FOR INDIVIDUALS WITH I/DD

Customized Competitive integrated employment (CIE) has been established as the preferred goal for individuals with intellectual and developmental disabilities (I/DD) seeking employment. When compared to employment in segregated settings, CIE has shown more positive impacts on the lives of individuals. A recent study that examined the impact of competitive integrated employment on economic, psychological, and physical health outcomes for individuals with I/DD revealed some key findings, including:

- Participants in CIE earned more than their peers in segregated settings.
- CIE was linked to improvements in locus of control, self-determination, personal independence, autonomy, maladaptive behaviors, and quality of life.
- All studies examining psychological and physical health outcomes reported positive findings related to those engaged in CIE.



Taylor, J.; Avellone, L.; Brooke, V.; Wehman, P.; Inge, K.; Schall, C.; & Iwanaga, K. (2021). The impact of competitive integrated employment on economic, psychological, and physical health outcomes for individuals with intellectual and developmental disabilities. *Journal of Applied Research in Intellectual Disabilities*, DOI: 10.1111/jar.12974.

For more on this topic and article, read the full article at <https://idd.vcurrtec.org>

<https://idd.vcurrtec.org/resources/database/details.cfm?articleID=2106>

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